

Growing in the Grace and Knowledge of our Lord Jesus Christ... (2 Peter 3:18)

Chapter 10 – Happiness

Happy are the people who are in such a state; Happy are the people whose God is the Lord!
(Psalms 144:15 – NKJV)

What was the gist of the old woman’s argument against atheism? Why was it a good argument? Would such an argument still work today?

I. What is essential to happiness:

- Will we find pure happiness, meaning a complete freedom from all sorrow and discomfort on this earth?

- Is smiling and laughter the essence of true happiness?

- “On earth nothing is so deceptive as mere _____ and _____.” (p. 233)

- To be truly happy the highest wants of a man’s nature must be met and satisfied, what are our principal wants? (pp. 234-235)

_____ wants

_____ wants

- To be truly happy a man must have sources of gladness which are not _____
_____ (p. 235)

- “To be really happy a person must be able to look on every side without uncomfortable feelings” – what does this statement mean? What directions does Ryle suggest we might look?

II. Mistakes about happiness – what are they?

- 1.
- 2.

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3.

4.

5.

What did each of these “witnesses” (or their lives) say about happiness?

- Solomon – Ecclesiastes 1:14
- Madam De Pompadour
- Goethe
- Lord Byron
- Sir Humphrey Davy
- Lord Chesterfield

Are certain places, professions, privileged positions in life guarantees of happiness?

III. How to be really happy (pp. 247-260)

The way to be happy is to be a _____, _____ - _____, _____ - _____ Christian.

Why is a true Christian happy? Four reasons (pp. 249-250):

- 1.
- 2.
- 3.
- 4.

Is there happiness in this world without Christ? Why? (p. 251)

What kind of happiness does Christ give?

Happiness in spite of: _____ (pp. 251-252)



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Are you happy? (p. 255)

What if a person is not a true Christian is there any hope for happiness apart from Christ? (p. 256)

Where should we do to find happiness? (pp. 257-258)

What can Christians do to increase happiness? (pp. 259-260)

1. Grow in _____
2. Labor every year to be more _____
3. Labor every year to do more _____